



## INSTITUTIONEN FÖR LITTERATUR, IDÉHISTORIA OCH RELIGION

### **LV1170 Biblioterapi i teori och praktik, 7,5 högskolepoäng**

Bibliotherapy in Theory and Practice, 7.5 credits

*Grundnivå / First Cycle*

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#### **Litteraturlista för LV1170, gällande från och med vårterminen 2023**

Litteraturlistan är fastställd av Institutionen för litteratur, idéhistoria och religion 2022-11-18 att gälla från och med 2023-01-16.

Se bilaga.



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## LITTERATURLISTA V23

### LV1170, Biblioterapi i teori och praktik, 7,5 hp

Beräknat antal studenter: 30

Kursansvarig lärare: Cecilia Pettersson

Kursstart: 2022-01-16

#### Litteratur:

#### I bokform:

McCarty Hynes, Arleen & Hynes-Berry, Mary, *Biblio/Poetry Therapy – The Interactive Process. A Handbook* [1986], Clearwater: North Star Press of St. Cloud, 2012

Pettersson, Cecilia, *Biblioterapi. Hälsofrämjande läsning i teori och praktik*, Stockholm: Appell Förlag, 2020

En till två grafiska romaner/självbiografier enligt lärarens anvisningar

Skönlitterära verk efter lärarens anvisning

#### I kompendium:

Baker, Kathleen C & Mazza, Nicholas "The Healing Power of Writing. Applying the Expressive/Creative Component of Poetry Therapy", *Journal of Poetry Therapy*, 17, 2004:3, 141–154

Bowman, Ted, "Potential Misuses of Poetry Therapy: A Process for Reflecting on Practice", *Journal of Poetry Therapy*, 17, 2004:4, 223–230

Brewster, Elisabeth, *An Investigation of Experiences of Reading for Mental Health and Well-Being and their Relation to Models of Bibliotherapy* (diss.), Sheffield: University of Sheffield, 2011, s 11–27

Dysart-Gale, Deborah, "Lost in Translation. Bibliotherapy and Evidence-based Medicine", *Journal of Medical Humanities*, 29, 2008:1, 33–43

Kacewicz, Eva et al, "Expressive Writing: An Alternative to Traditional Methods", *Low-Cost Interventions to Promote Physical and Mental Health: Theory, Research and Practice*, red. Luciano L'Abate, Springer, 271–284

McNicols, Sara, "Bibliotherapy and Graphic Medicine", *Bibliotherapy*, red. Sarah McNicols & Liz Brewster, London: Facet Publishing, 2018, 23–40

Morawski, Cynthia M. & Jenelle N. Gilbert, "Developmental Interactive Bibliotherapy: Feminist Methodology in an Undergraduate Course", *College Teaching*, 48, 2000:3, 108–115

Pettersson, Cecilia, "'Another Way to Talk About Feeling Bad'. Creative Interactive Bibliotherapy – A Complement to Treatment for Women with Mental Illness After Childbirth", *Journal of Poetry Therapy*, 34, 2021:4

Punzi, Elisabeth & Hagen, Niclas, "The Incorporation of Literature Into Clinical Practice", *The Humanistic Psychologist*, 45, 2017:1, 49–61

Shechtman, Zipora, "The Contribution of Bibliotherapy to the Counseling of Aggressive Boys", *Psychotherapy Research*, 16, 2006:5, 645–651

Walwyn, Olivia & Rowley, Jennifer, "The Value of Therapeutic Reading Groups Organized by Public Libraries", *Library & Information Science Research*, 33, 2011, 302–312

**Ett ytterligare antal vetenskapliga texter om max 100 sidor tillkommer. Dessa kommer att tillgängliggöras via Canvas.**