

**IKA307 Interventionsstrategier i hälsa och prestation, 15 högskolepoäng**

Intervention Strategies in Health and Performance, 15 credits

*Avancerad nivå / Second Cycle*

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**Litteraturlista för IKA307, gällande från och med höstterminen 2018**

Litteraturlistan är fastställd av Institutionen för kost- och idrottsvetenskap 2018-01-14 att gälla från och med 2018-01-14.

Se bilaga.



INSTITUTIONEN FÖR KOST-  
OCH IDROTSVETENSKAP

## LITTERATURLISTA

### IKA307, Interventionsstrategier i hälsa och prestation, 15 högskolepoäng

Intervention Strategies in Health and Performance, 15 higher  
education credits

Grundnivå/First Cycle

Gäller fr o m vt 2018

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#### Obligatorisk litteratur

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Artiklar och/eller utdrag tillkommer om cirka 150 sidor.