



INSTITUTIONEN FÖR KOST- OCH IDROTTSVETENSKAP

IIG700 Tränings- och matchanalys i lagidrotter, 7,5 högskolepoäng
Training and Match Analysis in Team Sports, 7.5 higher education credits
Grundnivå / First Cycle

Litteraturlista för IIG700, gällande från och med höstterminen 2016

Litteraturlistan är fastställd av Institutionen för kost- och idrottsvetenskap 2016-02-15
att gälla från och med 2016-08-28.

Se bilaga.



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LITTERATURLISTA

IIG700, Tränings- och matchanalys i lagidrotter, 7,5 högskolepoäng Training and Match Analysis in Team Sports, 7,5 higher education credits

Grundnivå/First Cycle

Obligatorisk litteratur

Ade, J. D., Harley, J. A., & Bradley, P. S. (2014). Physiological Response, Time-Motion Characteristics, and Reproducibility of Various Speed-Endurance Drills in Elite Youth Soccer Players: Small-Sided Games Versus Generic Running. *International Journal of Sports Physiology & Performance*, 9(3), 471-479.

Bangsbo, J., & Mohr, M. (2014). *Individual training in football*. Bangsbosport, Denmark, ISBN 9788799488025.

Bradley, P. S., & Noakes, T. D. (2013). Match running performance fluctuations in elite soccer: Indicative of fatigue, pacing or situational influences? *Journal of Sports Sciences*, 31(15), 1627-1638.

Castellano, J., Alvarez-Pastor, D., & Bradley, P. (2014). Evaluation of Research Using Computerised Tracking Systems (Amisco and Prozone) to Analyse Physical Performance in Elite Soccer: A Systematic Review. *Sports Medicine*, 44(5), 701-712.

Dellal, A., Owen, A., Wong, D. P., Krstrup, P., van Exsel, M., & Mallo, J. (2012). Technical and physical demands of small vs. large sided games in relation to playing position in elite soccer. *Human Movement Science*, 31(4), 957-969.

Di Mascio, M., & Bradley, P. S. (2013). Evaluation of the most intense high-intensity running period in English FA Premier League soccer matches. *Journal of Strength & Conditioning Research*, 27(4), 909-915.

Di Salvo, V., Gregson, W., Atkinson, G., Tordoff, P., & Drust, B. (2009). Analysis of High Intensity Activity in Premier League Soccer. *International Journal of Sports Medicine*, 30(3), 205-212.

Jennings D., Cormack S., Coutts AJ., Boyd L., and Aughey RJ. (2010). The validity and reliability of GPS units for measuring distance in team sport specific running patterns. *Int J Sports Physiol Perform*, 5(3):328-41.

Mohr, M., & Iaia, F. M. (2014). Physiological Basis of Fatigue Resistance Training in Competitive Football. *Sports Science Exchange*, 27(126), 1-5.

Randers, M. B., Mujika, I., Hewitt, A., Santisteban, J., Bischoff, R., Solano, R., Zubillaga, A., Peltola, E., Krstrup, P., Mohr, M. (2010). Application of four different football match analysis systems: A comparative study. *Journal of Sports Sciences*, 28(2), 171-182.