



INSTITUTIONEN FÖR KOST- OCH IDROTTSVETENSKAP

IIG197 Idrottspsykologi, 7,5 högskolepoäng

Sport and Exercise Psychology, 7.5 credits

Grundnivå / First Cycle

Litteraturlista för IIG197, gällande från och med höstterminen 2023

Litteraturlistan är fastställd av Institutionen för kost- och idrottsvetenskap 2023-08-28
att gälla från och med 2023-08-28.

IIG197

Se bilaga.



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LITTERATURLISTA

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Grundnivå/First Cycle

Gäller fr o m ht 2023

General bibliography for sport and exercise psychology

Basic book:

Weinberg, R. S. & Gould, D. (2019). *Foundations of sport and exercise psychology*.
Champaign, IL: Human Kinetics.

Other books:

Bertollo, M., Filho, E., & Terry, P. C. (Eds.). (2021). *Advancements in mental skills training*.
New York: Routledge.

Breslin, G., Kremer, J., Moran, A. P., Craig, C., & Shannon, S. (2022). *Understanding sport
psychology*. Los Angeles: Sage.

Cotterill, S. (2017). *Performance Psychology. Theory and Practice*. Abingdon, Oxon, UK:
Routledge.

Eklund, R. C., & Tenenbaum, G. (Eds.). (2014). *Encyclopedia of sport and exercise psychology*
(Vol. 1). Thousand Oaks, California: SAGE Publications.

Eklund, R. C., & Tenenbaum, G. (Eds.). (2014). *Encyclopedia of sport and exercise psychology* (Vol. 2). Thousand Oaks, California: SAGE Publications.

Filho, E. & Basevitch, I. (Eds.). (2021). *Sport, exercise, and performance psychology: research directions to advance the field*. New York, NY: Oxford University Press.

Hackfort, D., & Schinke, R. (Eds.). (2020). *The Routledge International Encyclopedia of Sport and Exercise Psychology. Volume 1: Theoretical and Methodological Concepts*. Abingdon, Oxon, UK: Routledge.

Hackfort, D., & Schinke, R. (Eds.). (2020). *The Routledge International Encyclopedia of Sport and Exercise Psychology. Volume 2: Applied and Practical Measures*. Abingdon, Oxon, UK: Routledge.

Hackfort, D., Schinke, R., & Strauss, B. (Eds.). (2019). *Dictionary of Sport Psychology: Sport, Exercise and Performing Arts*. Amsterdam: Elsevier.

Hanrahan, S. J., & Andersen, M. B. (Eds.). (2010). *Routledge handbook of applied sport psychology: a comprehensive guide for students and practitioners*. Abingdon, Oxon, UK: Routledge.

Hassmén, P., Keegan, R., & Piggott, D. (2016). *Rethinking Sport and Exercise Psychology Research. Past, Present and Future*. London, UK: Palgrave Macmillan.

Horn, T. & Smith, A. (Eds.). (2019). *Advances in Sport and Exercise Psychology*. US: Human Kinetics.

Lane, A. M. (Ed.). (2016). *Sport and exercise psychology*. Hove, East Sussex, NY: Routledge.

Mugford, A., & Cremades, J. (Eds.). (2019). *Sport, Exercise, and Performance Psychology*. New York: Routledge.

Murphy, S. M. (Ed.). (2012). *The Oxford handbook of sport and performance psychology*. New York: Oxford University Press.

Papaioannou, A. G., & Hackfort, D. (Eds.). (2014). *Routledge companion to sport and exercise psychology: global perspectives and fundamental concepts*. Hove: Routledge.

Raab, M., Lobinger, B., Hoffmann, S., Pizzera, A. & Laborde, S. (Eds.). (2016). *Performance Psychology. Perception, Action, Cognition, and Emotion*. London, UK: Elsevier.

Raab, M., Wylleman, P., Seiler, R. Elbe, A.-M., & Hatzigeorgiadis, A. (Eds.). (2016). *Sport and Exercise Psychology Research. From Theory to Practice*. London, UK: Elsevier.

Schinke, R. J., McGannon, K. R., & Smith, B. (Eds.). (2016). *Routledge international handbook of sport psychology*. Abingdon, Oxon, UK: Routledge.

Tenenbaum, G. & Eklund, R. (Eds.). (2020). *Handbook of Sport Psychology*. US: John Wiley & Sons INC.

Tenenbaum, G., Eklund, R., & Kamata, A. (Eds.). (2012). *Measurement in sport and exercise psychology*. Champaign, IL: Human Kinetics.

Van Raalte, J. L., & Britton W. Brewer, B. W. (Eds.). (2014). *Exploring sport and exercise psychology*. Washington, D.C.: American Psychological Association