

DEPARTMENT OF SOCIAL WORK

SW2638 Social work in the area of mental illness. Theory, research and practice, 7.5 credits

Socialt arbete vid psykisk ohälsa. Teori, forskning och praktik, 7,5 högskolepoäng Second Cycle

Confirmation

This course syllabus was confirmed by Department of Social Work on 2020-01-27 and was last revised on 2022-05-31 to be valid from 2022-08-29, autumn semester of 2022.

Field of education: Nursing Science 40% and Social Sciences 60% *Department:* Department of Social Work

Position in the educational system

The course can be part of the following programme: 1) Programme for Master of Social Science with a Major in Social Work (S2SOA)

Main field of studies	Specialization
Social Work	A1F, Second cycle, has second-cycle
	course/s as entry requirements

Entry requirements

To be eligible for the course, Degree of Bachelor of Science in Social Work of 210 credits is required, or Degree of Bachelor in social work of 180 credits or Degree of Bachelor in close field.

Learning outcomes

On successful completion of the course the student will be able to:

Knowledge and understanding

- at the advanced level give an account of social perspectives on mental distress
- relate mental distress and interventions to economic, cultural, and social factors including questions about power and exclusion

• at the advanced level give an account of the theoretical and research-oriented basis for counselling

Competence and skills

- independently apply social psychiatric perspectives at efforts directed to individuals with mental distress and particularly observe the recovery perspective
- independently apply the basics of counselling

Judgement and approach

- demonstrate the ability to reflexive and critical thinking regarding assessment and efforts at mental i distress
- in an initiated way describe and discuss ethical issues in social work with individuals with mental distress

Course content

Mental distress can be understood on the basis of different theories and people that seek out help for mental distress can be understood and treated from different perspectives and with different efforts. This course has a social - psychiatric specialisation, where focus is on psychosocial relationships power structures, recovery, user influence, socioeconomic factors and cultural perspectives. The course also includes counselling interventions in social work with individuals with mental distress. The course covers mainly adult individuals with mental distress.

The aim of the course is that you should obtain advanced knowledge about the social psychiatric perspective and, about efforts that are compatible with a recovery perspective. You also obtain knowledge of counselling and its scientific foundation and view of the human beings. The course includes books, research articles and texts by individuals with own experience of mental distress. Furthermore, the course includes workshop exercises

Form of teaching

The teaching consists of lectures, and compulsory practical exercises and seminars where individual written examination assignment are presented and discussed in relation to the reading list. The teaching includes both physical and digital lectures and physical and digital compulsory seminars.

Language of instruction: Swedish

Language of instruction: Swedish, but literature in English is a central part of the course.

Assessment

The course is assessed through three individual papers.

The course includes compulsory attendance at four seminar that treat skills and approaches that are difficult to learn by oneself.

The examination is assessed with Pass with distinction (VG), Pass (G) or Fail (U). In case of absence, written is required. Absence from two seminars can be supplemented by written complementary assignment. Absence from three or several seminars be supplemented by participation in seminar that is given at the closures of the course.

If a student has failed the same examined element on two occasions and wishes to change examiner before the next examination session, such a request must to be submitted to the department in writing, and it will be granted unless there are special reasons to the contrary (Chapter 6, Section 22 of Higher Education Ordinance).

In the case where a course has been discontinued or has undergone major changes, a student shall be guaranteed access to at least three examination sessions (including the regular examination session) during a period of at least one year, but at the most two years after the course has been discontinued/changed.

Grades

The grading scale comprises: Pass with Distinction (VG), Pass (G) and Fail (U). For the grade of Pass (Pass) is required this grades on all assessing components. To pass with distinction (Pass with distinction) is required furthermore that the student in the majority of his individual papers shown special good ability to on the basis of the reading list discuss independently and analysing.

Course evaluation

Course evaluation takes place continuously during the course, through a dialogue with the students, at a compulsory workplace meeting as well as through a special evaluation protocol at the end of the course.

Evaluation results and any changes in the course structure should be communicated to both the students who completed the evaluation and to the students who will start the course.