



DEPARTMENT OF PSYCHOLOGY

PX2202 Clinical health psychology applied, 7.5 credits

Klinisk hälsopsykologi tillämpning, 7,5 högskolepoäng

Second Cycle

Confirmation

This course syllabus was confirmed by Department of Psychology on 2016-10-13 and was last revised on 2020-12-01 to be valid from 2021-01-18, spring semester of 2021.

Field of education: Social Sciences 100%

Department: Department of Psychology

Position in the educational system

The course is delivered as a free standing, second cycle course.

Main field of studies

Psychology

Specialization

A1F, Second cycle, has second-cycle course/s as entry requirements

Entry requirements

For entry to the course, a Master of Science in psychology (i.e., psykologexamen) is required, as well as a Pass (G) grade on the course Clinical health psychology PX2101, 7,5hp, or the equivalent thereof.

Learning outcomes

A student who successfully completes the course should be able to:

Knowledge and understanding

Describe and explain how accepted health psychology theories relate to applied psychological work.

Competence and skills

Independently conduct health psychology interventions and evaluate the outcome.

Judgement and approach

Critically analyze and reflect about the empirical data relating to a chosen applied field of health psychology

Course content

In this course, central theoretical frameworks within health psychology are examined, with focus on their application. Furthermore, various evidence-based health psychology interventions are covered, for example, somatic care, specialized psychiatric care and primary care.

Advanced knowledge is gained through practical application with clients/patients, or their equivalent. The content of the practical application is decided in agreement between the workplace in which the individual psychologist is employed, and the course coordinator. Students work on the applied assignment under supervision, interspersed with seminar discussions. The course concludes with a presentation of this work within an applied area of health psychology.

Throughout the course, the student works independently to advance their theoretical knowledge in clinical health psychology, which will be examined continually.

Sub-courses

1. **Health and ill health** (*Delkurs 1: Hälsa och ohälsa*), 4.5 credits
Grading scale: Pass (G) and Fail (U)
2. **Review of clinical health psychology application** (*Delkurs 2: Översikt över hälsopsykologisk tillämpning*), 3 credits
Grading scale: Pass (G) and Fail (U)

Form of teaching

Teaching will take place in the form of lectures and seminars, some of which will be web-based. Furthermore, supervision is provided for conducting the applied health psychology intervention.

Course literature can contain both Swedish and English language literature.

Language of instruction: Swedish

Assessment

The course is examined through oral presentation and a written report of the applied work, in which the intervention is tied together with current research. In general, the course literature is examined through continuous knowledge checking.

A student who has taken two examinations in a course or a part of a course without obtaining a pass grade is entitled to the nomination of another examiner, unless there are special reasons to the contrary (HF 6 chap. 22§). Such a request should be made in writing to the department responsible for the course.

In the event that a course ceases/undergoes major changes, in normal circumstances the student should be guaranteed at least three examination opportunities (including the ordinary examination opportunity) within a period of at least one year with the course's previous layout.

Grades

The grading scale comprises: Pass (G) and Fail (U).

To obtain a Pass (G) grade on the course the student must:

- Have attendance of at least 80% during supervision of the practical task (i.e., the practically implemented health psychology intervention), and participate actively.
- Conduct and report an individually-chosen work regarding clinical application.
- Achieve a Pass (G) grade on the individual written examination.

Course evaluation

The course coordinator is responsible for ensuring that students are given the opportunity to provide an anonymous, written course evaluation at the end of the course. After the course is finished, the course coordinator writes a report, which includes a summary of the course evaluation. The report is processed in the working group for free standing, second cycle courses, and will be communicated to those students who completed the course evaluation, as well as the students who will start the course. These reports will be made available for students.