



DEPARTMENT OF PSYCHOLOGY

PX2117 Work- oriented psychological consultation and supervision, 7.5 credits

Arbetslivsriktad psykologisk konsultation och handledning, 7,5 högskolepoäng
Second Cycle

Confirmation

This course syllabus was confirmed by Department of Psychology on 2020-05-28 and was last revised on 2020-09-09 to be valid from 2021-08-30, autumn semester of 2021.

Field of education: Medicine 100%

Department: Department of Psychology

Position in the educational system

Main field of studies

Psychology

Specialization

A1F, Second cycle, has second-cycle course/s as entry requirements

Entry requirements

Only applicants with a Master's degree in Psychology are eligible to the course.
Language requirements are: Swedish B/Swedish 3 and English B/English 6.

Learning outcomes

On successful completion of the course the student will be able to:

Knowledge and understanding

- explain current theories and models in the field of consulting psychology
- explain different consulting roles and when they are applicable
- explain different perspectives in social psychology in relation to consultation and group supervision

Competence and skills

- be able to independently plan and implement a consultation effort

Judgement and approach

- critically analyze and evaluate the outcome of the applied consultation effort
- critically analyze and reflect on own coaching role regarding the applied consultation effort

Course content

In their professional role, psychologists are often expected to be able to consult and provide guidance to other professionals, primarily in the education, care and nursing sectors. The course aims to develop psychologists' ability to convey psychological knowledge in an organizational context in such a way that this knowledge is integrated into other professionals' work practice. Furthermore, it helps psychologists develop ability to utilize the competence in professional groups and individuals and to deal with professional dilemmas that arise in the practice of the profession.

The course deepens central theoretical frameworks in the area of consultation and supervision. It also features various consulting roles and consulting models for professional groups, primarily in the education, care and nursing sectors. It also addresses aspects of social psychology in relation to supervision and consultation processes.

Students make an in-depth project in the form of a practical coaching exercise. Students have access to supervision during the practical part. Course participants are guaranteed access to practical consultation work for the implementation of the practical part.

The course ends with a presentation of the coaching project.

Form of teaching

Teaching methods include lectures and seminars, and elements of online learning. Students participate in both teacher-led supervision and collegial supervision, and have access to additional supervision when needed.

Language of instruction: Swedish

The course literature can consist of both Swedish- and English-language literature.

Assessment

The theoretical content is assessed individually and in writing. The in-depth project is assessed through an oral presentation and a written assignment of the practically

applied component with combination of current theory with research. Seminars and collegial supervision are compulsory. Compensation for absence is made according to the course coordinator's instructions. All teaching can form basis for examination.

A student who has failed the same examination twice by the same examiner has the right to change the examiner. The student shall submit a written request to the Department. The request shall be granted unless there are special reasons to the contrary (Chapter 6, Section 22 of Higher Education Ordinance).

A student with a recommendation for special educational support from the University of Gothenburg may receive an adapted examination or alternative examination form provided that the examiner decides it is compatible with the course objectives and it does not require unreasonable resources.

In the event where a course has been discontinued or has undergone major changes, the student is guaranteed at least three examinations (including the ordinary examination) during a period of at least one year up to two years after the course has been discontinued/changed. The same applies for internships and on-the-job trainings, but with a restriction to only one additional examination session.

Grades

The grading scale comprises: Pass with Distinction (VG), Pass (G) and Fail (U).

To obtain a Pass (G), students must:

- actively participate and have at least 80% attendance in seminars
- implement and present the individually chosen practical component
- get a Pass on the individual written examination

To receive a Pass with Distinction (VG), students must:

- actively participate and have at least 80% attendance during seminars and supervision of the practical component (i.e. the practically completed consultation)
- implement and present the individually chosen practical component
- get a Pass with Distinction (VG) on the individual written examination

Course evaluation

The course coordinator is responsible for ensuring that students are given the opportunity to provide an anonymous, written course evaluation at the end of the course. On completion of the course, the course coordinator writes a course report, which includes a summary of students' feedback about the course. The course report is discussed in a relevant course evaluation group and is communicated both to the students who completed the course evaluation as well as to the students who are starting the course. The reports are available to students.

Additional information

It is the student's responsibility to make sure they have access to a computer, internet or other digital tools if necessary.