



DEPARTMENT OF PSYCHOLOGY

PX2101 Clinical health psychology, 7.5 credits

Klinisk hälsopsykologi, 7,5 högskolepoäng

Second Cycle

Confirmation

This course syllabus was confirmed by Department of Psychology on 2015-09-23 and was last revised on 2020-09-09 to be valid from 2021-08-30, autumn semester of 2021.

Field of education: Social Sciences 100%

Department: Department of Psychology

Position in the educational system

The course is offered as a free standing course at second cycle level.

Main field of studies

Psychology

Specialization

A1F, Second cycle, has second-cycle course/s as entry requirements

Entry requirements

Only applicants with a master's degree in Psychology are eligible to the course.

Learning outcomes

On successful completion of the course the student will be able to:

Knowledge and understanding

- describe relevant psychological factors (thoughts, feelings, behaviors) that are central to the development and maintenance of health and ill health

Competence and skills

- independently search, document and inform about crucial research in the field of health psychology

Judgement and approach

- critically analyze and reflect on the empirical data connected to an individually selected research area in health psychology
- evaluate evidence behind interventions based on health psychology.

Course content

The aim of the course is to increase knowledge about models and theories in health psychology as well as their clinical applications.

The course consists of two modules:

Sub-courses

1. Basic theories and concepts in health psychology (*Grundläggande hälsopsykologiska begrepp och teorier*), 5 credits

Module 1 deals with the central theoretical frameworks in health psychology and important research findings that highlight pathogenic and salutogenic mechanisms and conditions that affect health conditions, the onset of ill health and psychological interventions to prevent and change behaviors and lifestyles that adversely affect health.

2. Literature review (*Litteraturöversikt*), 2.5 credits

In Module 2 students write a literature review of a well-defined area of application of health psychology. Students choose a specialization based on the themes presented in Module 1 and are expected to further develop and deepen their knowledge acquired through reading a compulsory course literature.

Form of teaching

The teaching methods include online learning activities such as lectures, seminars, discussion forums, peer discussions, peer review and written assignments.

Language of instruction: Swedish

The reading list may include literature in both Swedish and English.

Assessment

All teaching as well as course literature and other course material provided during the course can form basis for examination. Module 1 is assessed through participation in compulsory components, passed written assignment and participation in a digital discussion forum and examination seminar. Module 2 is assessed through participation in compulsory components, passed written assignments and participation in

examination seminar. Compulsory components must be compensated according to the course coordinator's instructions.

A student who has failed the same examination twice by the same examiner has the right to change the examiner. The student shall submit a written request to the Department. The request shall be granted unless there are special reasons to the contrary (Chapter 6, Section 22 of Higher Education Ordinance).

A student with a recommendation for special educational support from the University of Gothenburg may receive an adapted examination or alternative examination form provided that the examiner decides it is compatible with the course objectives and it does not require unreasonable resources.

In the event where a course has been discontinued or has undergone major changes, the student is guaranteed at least three examinations (including the ordinary examination) during a period of at least one year up to two years after the course has been discontinued/changed. The same applies for internships and on-the-job trainings, but with a restriction to only one additional examination session.

Grades

The grading scale comprises: Pass with Distinction (VG), Pass (G) and Fail (U).

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Module 1

on-campus attendance to lectures 2-3. alternatively approved complementary assignment.

on-campus attendance and active participation in examination seminar 1. alternatively approved complementary assignment.

passed participation in digital discussion forum. alternatively approved complementary assignment.

completed and approved written submission 1.

completed and approved peer review 1.

Module 2

completed and approved written submission 2-4.

completed and approved peer review 2.

on-campus attendance, passed dispute, passed critical review and active participation in examination seminar 2. alternatively approved complementary assignment.

To get a Pass with Distinction (VG), students must meet the above-mentioned criteria and get a Pass with Distinction (VG) on the literature review.

Course evaluation

The course coordinator is responsible for ensuring that students are given the opportunity to provide an anonymous, written course evaluation at the end of the course. On completion of the course, the course coordinator writes a course report, which includes a summary of students' feedback about the course. The course report is discussed in a relevant course evaluation group and is communicated both to the students who completed the course evaluation as well as to the students who are starting the course. The reports are available to students.

Additional information

It is the student's responsibility to make sure they have access to a computer, internet or other digital tools if required.