



DEPARTMENT OF FOOD AND NUTRITION, AND SPORT SCIENCE

IKA401 Internship I, 15 higher education credits

Verksamhetsförlagd utbildning I, 15 högskolepoäng

Second Cycle

Confirmation

This course syllabus was confirmed by Department of Food and Nutrition, and Sport Science on 2016-06-13 to be valid from 2016-08-29, autumn semester of 2016.

Field of education: Other 100%

Department: Department of Food and Nutrition, and Sport Science

Position in the educational system

Main field of studies

Sport Science

Food and Nutrition

Specialization

A1N, Second cycle, has only first-cycle course/s as entry requirements

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Entry requirements

Requirements for eligibility: Bachelor's Degree in Food and Nutrition, or Sport Science or a Bachelor's Degree in related topics.

In addition a plan and an agreement for the internship must be signed by the host organization and approved by the course leader. A supervisor at the place of internship and dates for the duration of internship should be specified. The field placement could be in or outside Sweden, and at a university, or another work place or not-for-profit organization. The planned activities should clearly relate to Food and Nutrition or Sport Science.

Learning outcomes

On successful completion of the course the student will be able to:

Skills and abilities

- monitor and describe new experiences related to Food and Nutrition/Sport Science.
- identify own needs for further knowledge and competence development.
- search and review literature about one identified knowledge gap to gain more information.

Judgement and approach

- reflect on how the internship has contributed to personal development and learning, and how new knowledge and skills have built on earlier academic knowledge related to Food and Nutrition/Sport Science.
- critically reflect on own contributions to the internship organization.
- identify and discuss ethical dilemmas encountered during the internship.

Course content

This course is for students who want to get practical advanced-level experience within Food and Nutrition or Sport Science workplaces. It offers experiences in research or a profession and opportunities to explore career options. Students describe and reflect on their experiences in written reports.

Students are responsible for identifying, contacting and making arrangements with the work place. They should make contact with an on-site advisor within the host organization who can assist in formulating the intern's tasks and responsibilities. This plan should include timeframe and must be approved by the course leader.

Form of teaching

The course consists of field practice in Food and Nutrition/Sport Science. During the internship, students will receive supervision by the department regarding reflection and reporting.

Swedish or English

Assessment

Assessment includes the completion of a) the planned total internship work hours of 350 to 450 (corresponds to 40 hours per week during 10 weeks), and b) a final report. This

report should build on the daily journal entries students are required to make during the internship. To verify that the internship is carried out, students must present a written confirmation from the host organisation signed by the on-site supervisor.

If a student, who has failed the same examined component twice, wishes to change examiner before the next examination, a written application shall be sent to the department responsible for the course and shall be granted unless there are special reasons to the contrary (Chapter 6, Section 22 of Higher Education Ordinance).

The number of field practice occasions (for the internship) are restricted to two.

In cases where a course has been discontinued or has undergone major changes, the student shall normally be guaranteed at least three examination occasions (including the ordinary examination) during a period of at least one year from the last time the course was given.

Grades

The grading scale comprises: Pass with Distinction (VG), Pass (G) and Fail (U).

If the written report has the grade Pass with Distinction, and all other requirements are fulfilled, the grade for the entire course will be Pass with Distinction.

Course evaluation

The results of and possible changes to the course will be shared with students who participated in the evaluation and students who are starting the course.

Additional information

Course literature: Students are required to search and read literature relevant to their internship work tasks (with approval from internship supervisor).