



DEPARTMENT OF LITERATURE, HISTORY OF IDEAS, AND RELIGION

RT2416 Yoga: Historical and Critical Perspectives, 7.5 credits

Yoga och meditation: historiska och kritiska perspektiv, 7,5 högskolepoäng

Second Cycle

Reading list for RT2416, to be valid from autumn semester of 2023

Reading list was confirmed by Department of Literature, History of Ideas, and Religion on 2023-06-15 to be valid from 2023-08-28.

See appendix.

RT2416 Yoga: Historical and Critical Perspectives

Reading list autumn 2023

De Michelis, Elizabeth. 2004. *A History of Modern Yoga: Patanjali and Western Esotericism*. London; New York: Continuum. 302 pages.

Mallison, James and Mark Singleton. 2017. *Roots of Yoga*. London: Penguin Books. 592 pages.

Singleton, Mark. 2010. *Yoga Body: The Origins of Modern Posture Practice*. Oxford; New York: Oxford University Press. 272 pages.

Additional articles will be provided when the course starts.